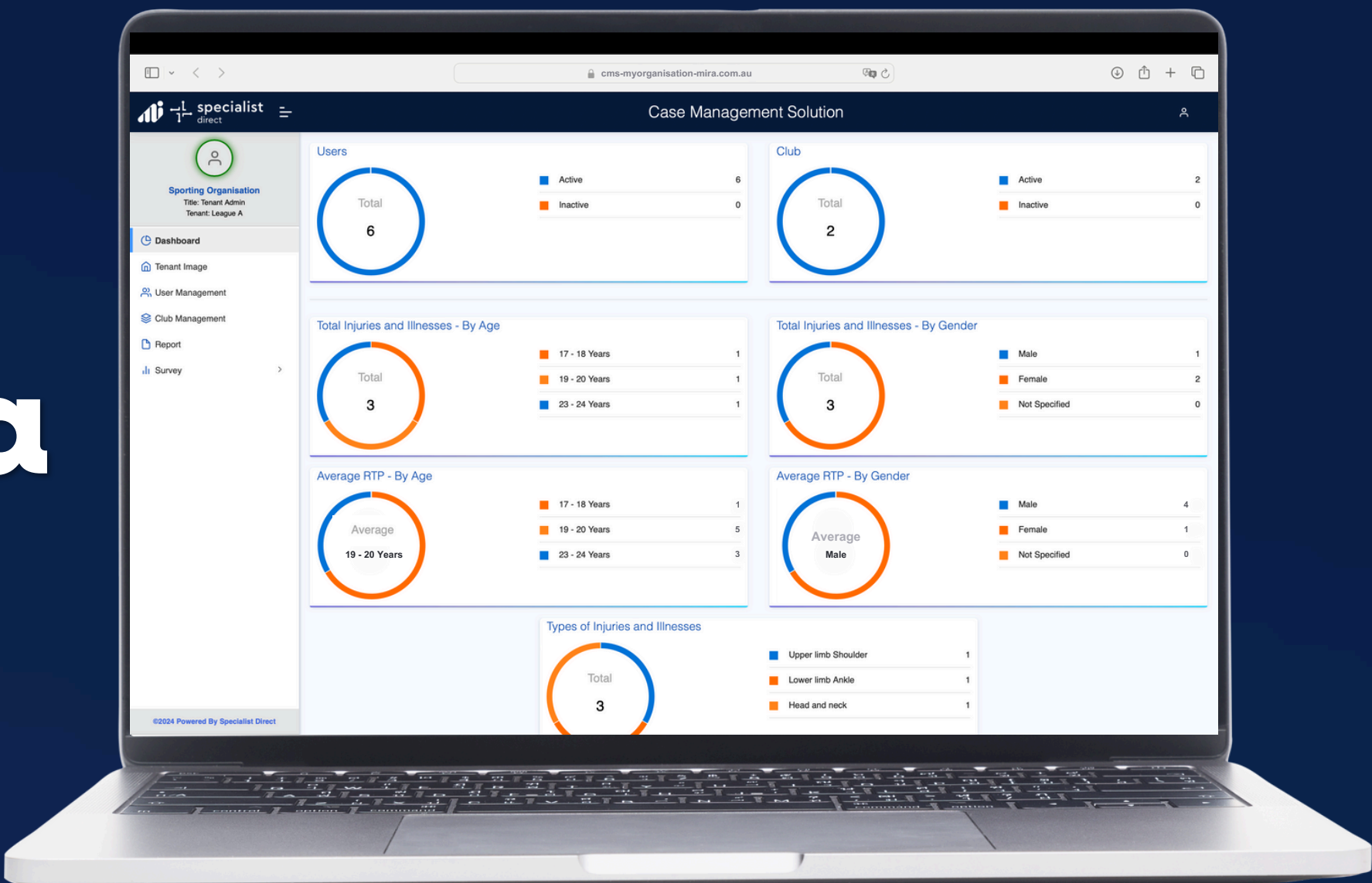
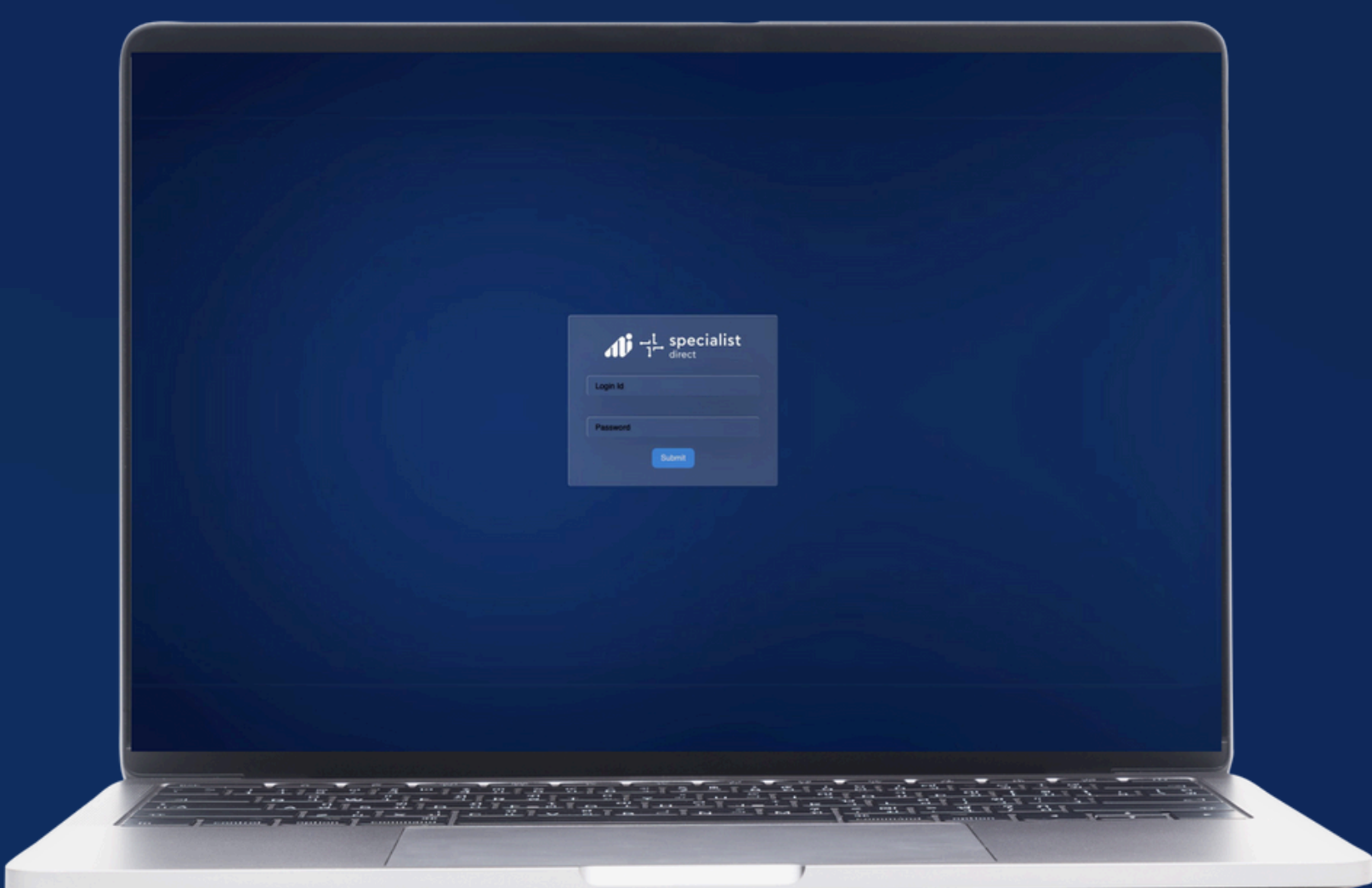


Getting Around Mira

Let us take you through our platform



Getting Set Up



1.- Check your email to find a Welcome email from Mira by SD to see your login details. Head to the landing page by clicking [HERE](#)

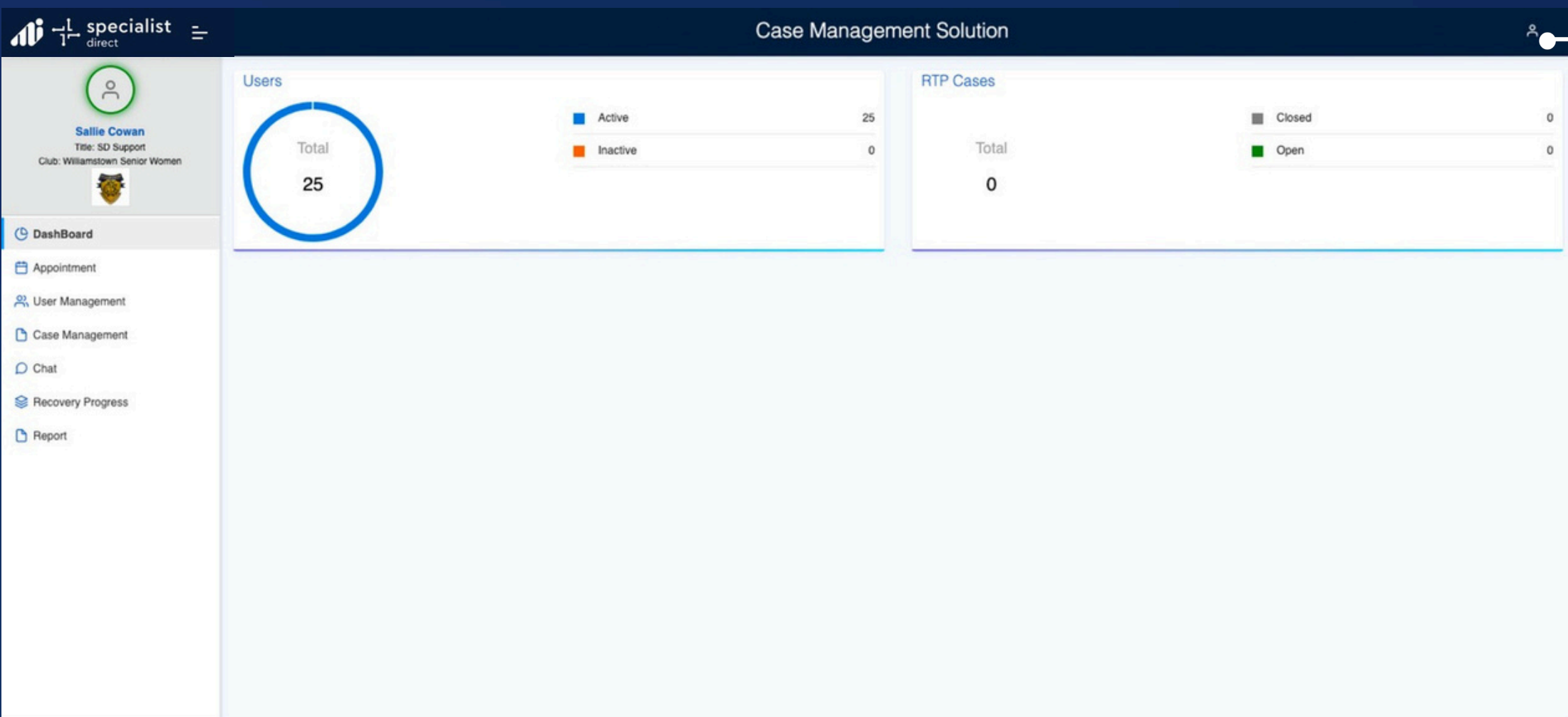


2.- Login using the username and password provided. Copy and paste the details straight from the email

Navigating the Web Panel

Menu Items

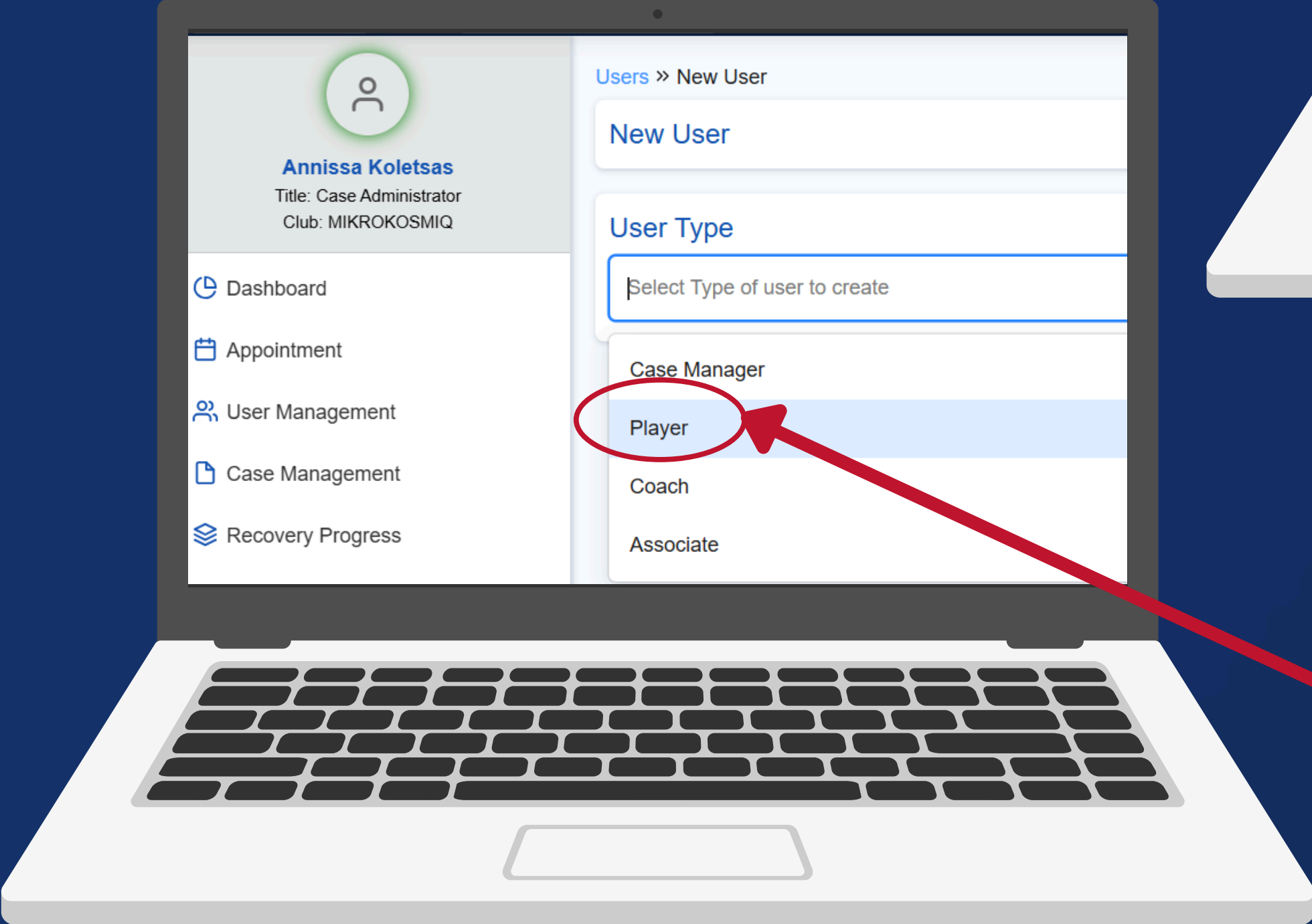
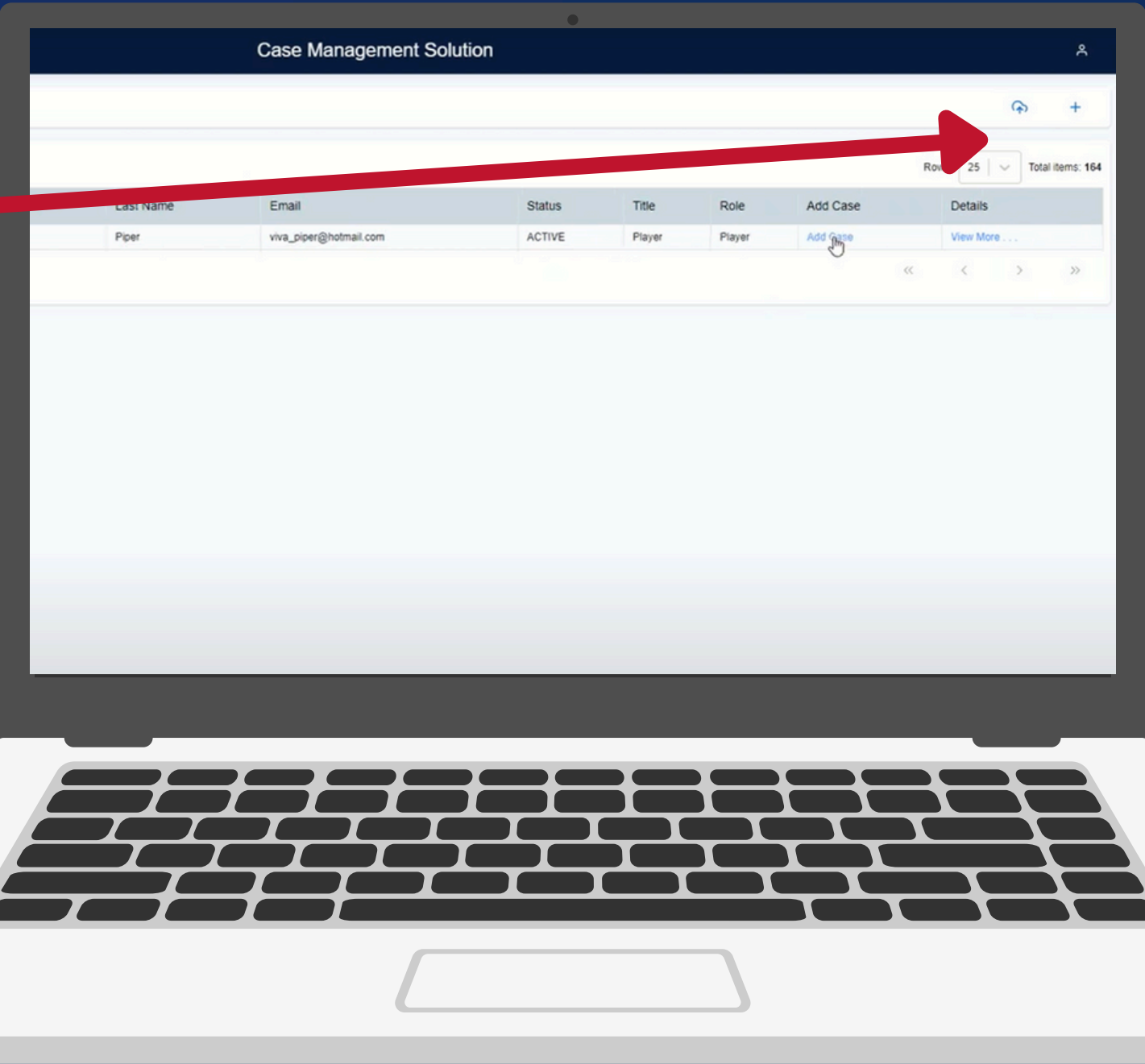
- [Dashboard](#)
- [Appointments](#)
- [User Management](#)
- [Creating a Case](#)
- [Chat](#)



Your Profile

Creating a Player

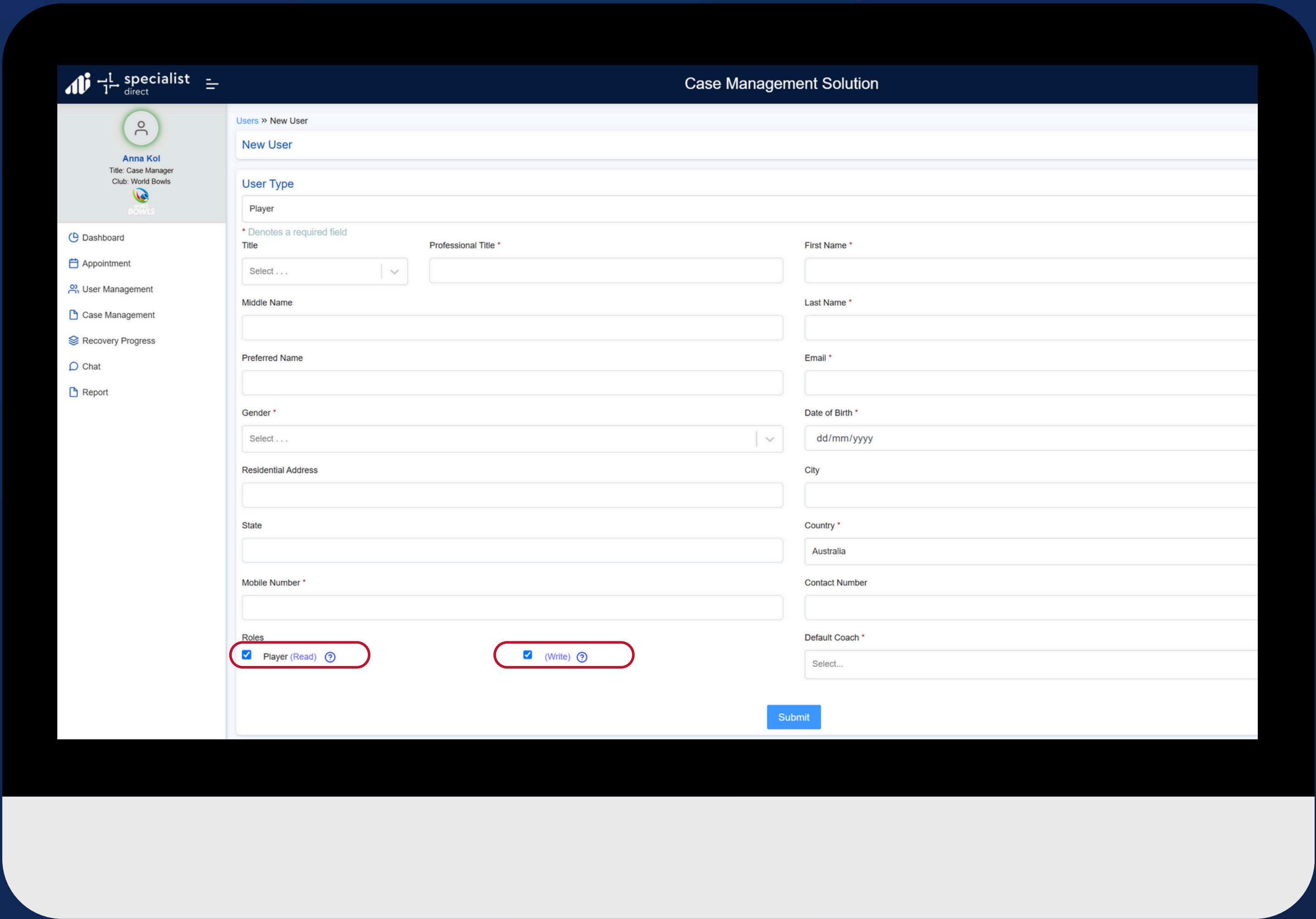
1. Under the User Management tab, press the plus sign in the top right hand side.



2. Select 'Player' as your desired user type by using the drop down menu.

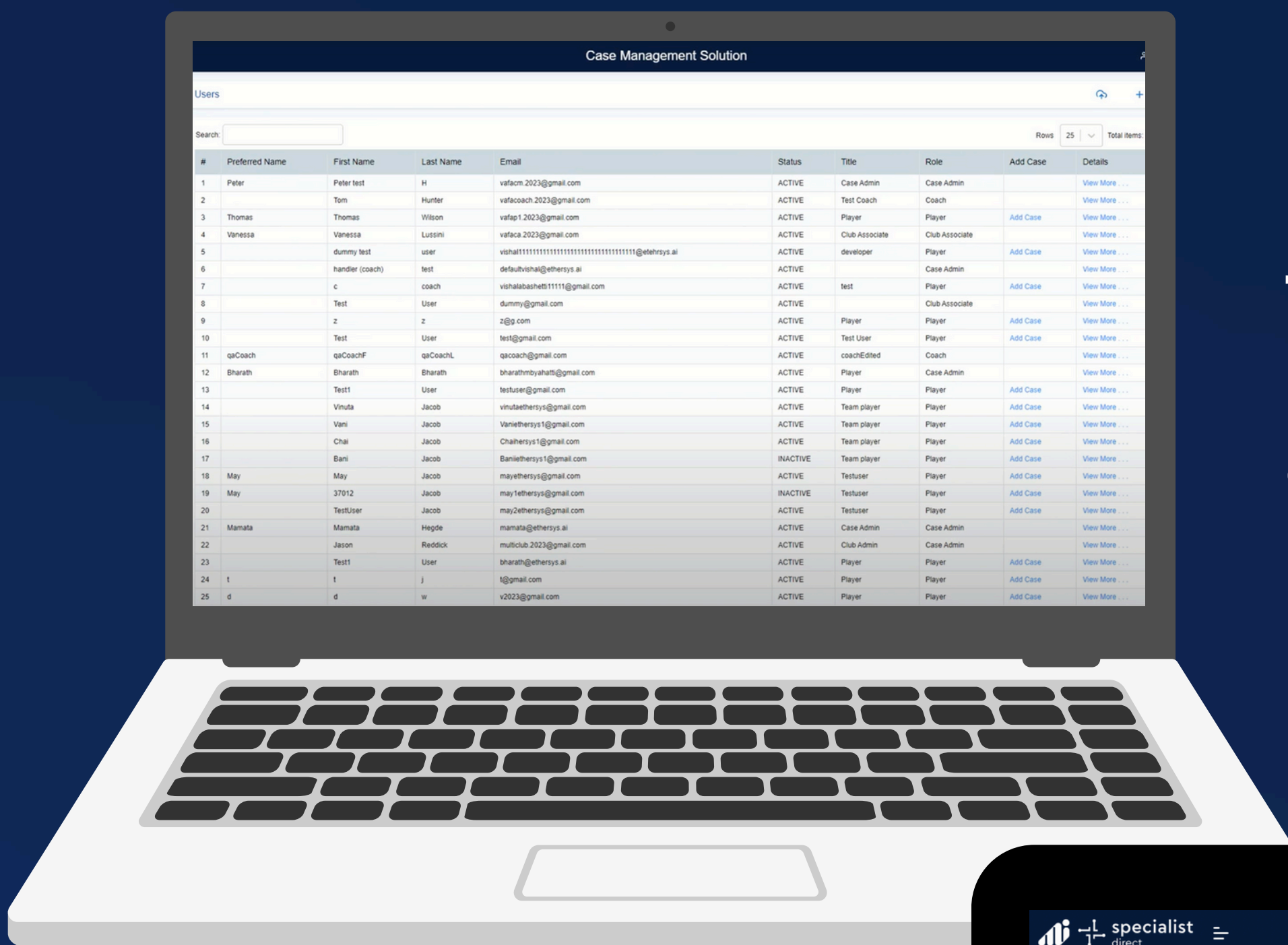
3. Fill out the players personal details

- Fields marked with an asterisk are mandatory
- Ensure 'Read' and 'Write' are both selected - this allows players to make edits.
- Click submit



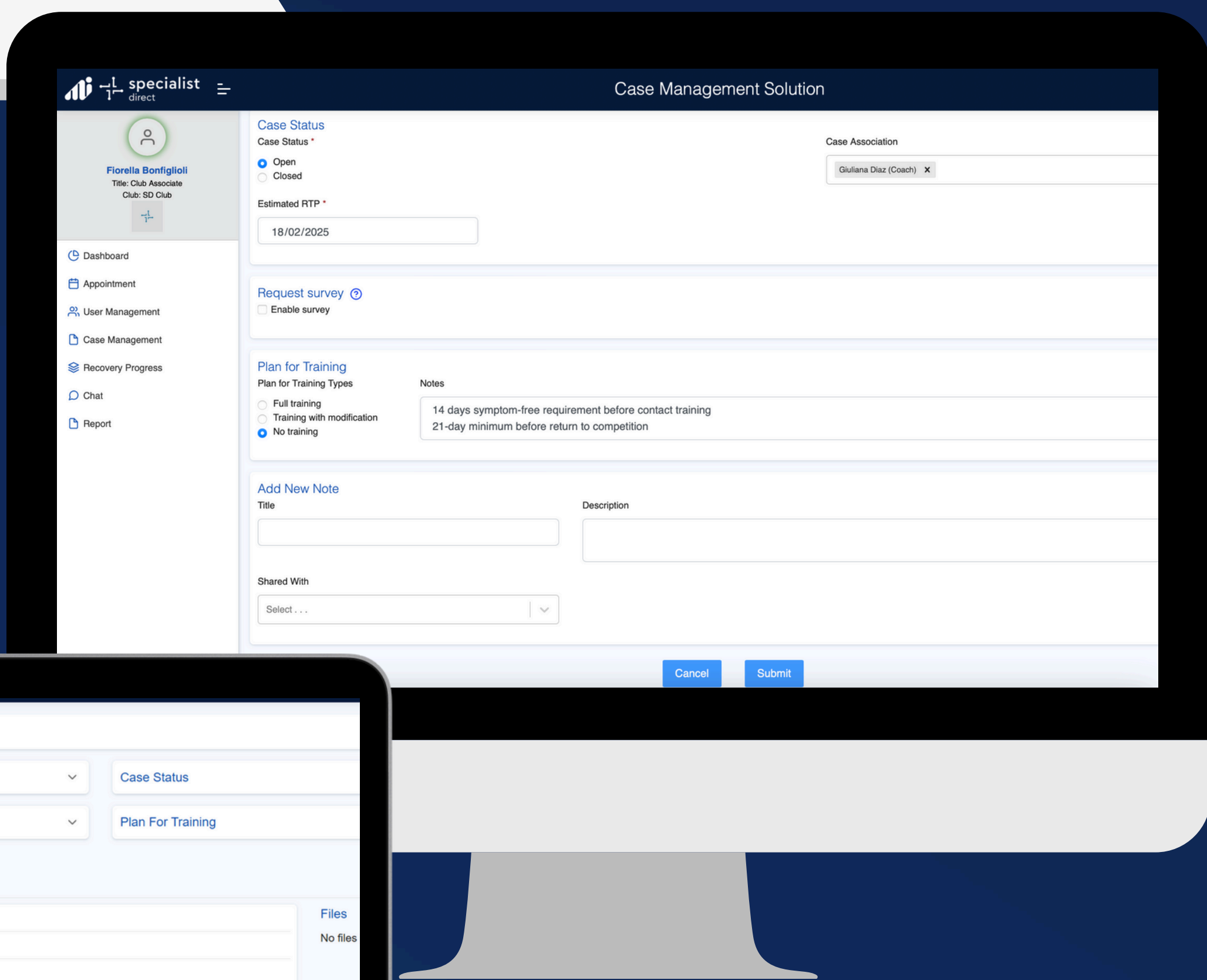
After creating a player, their details will be visible along with all other users under the User Management tab.

Adding a Case



1. Under the User Management tab, click 'Add Case' next to the relevant player/employee.

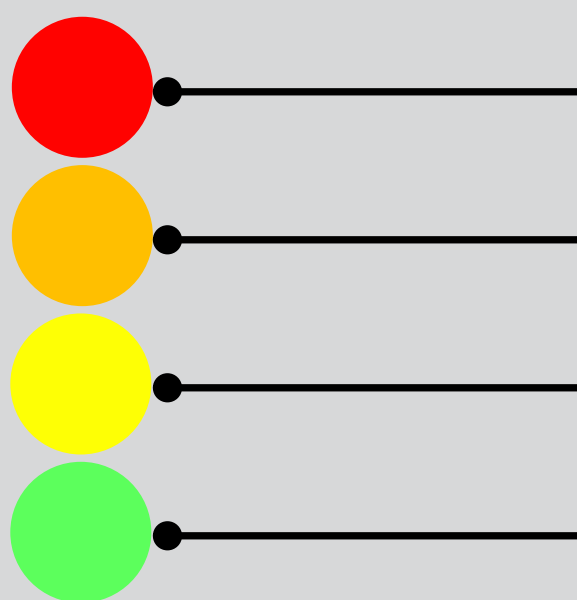
2. Fill out the player's injury details in the required fields. Upload any necessary medical documents and notes.



3. You can view active and inactive cases under the 'Case Management' tab. Here you will also be able to edit case details.

Mira Traffic Light System

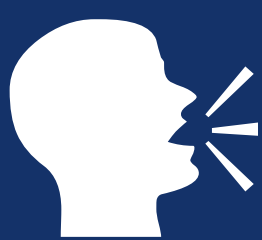
Our traffic light system is a visual representation of how your players RTP progress is tracking.



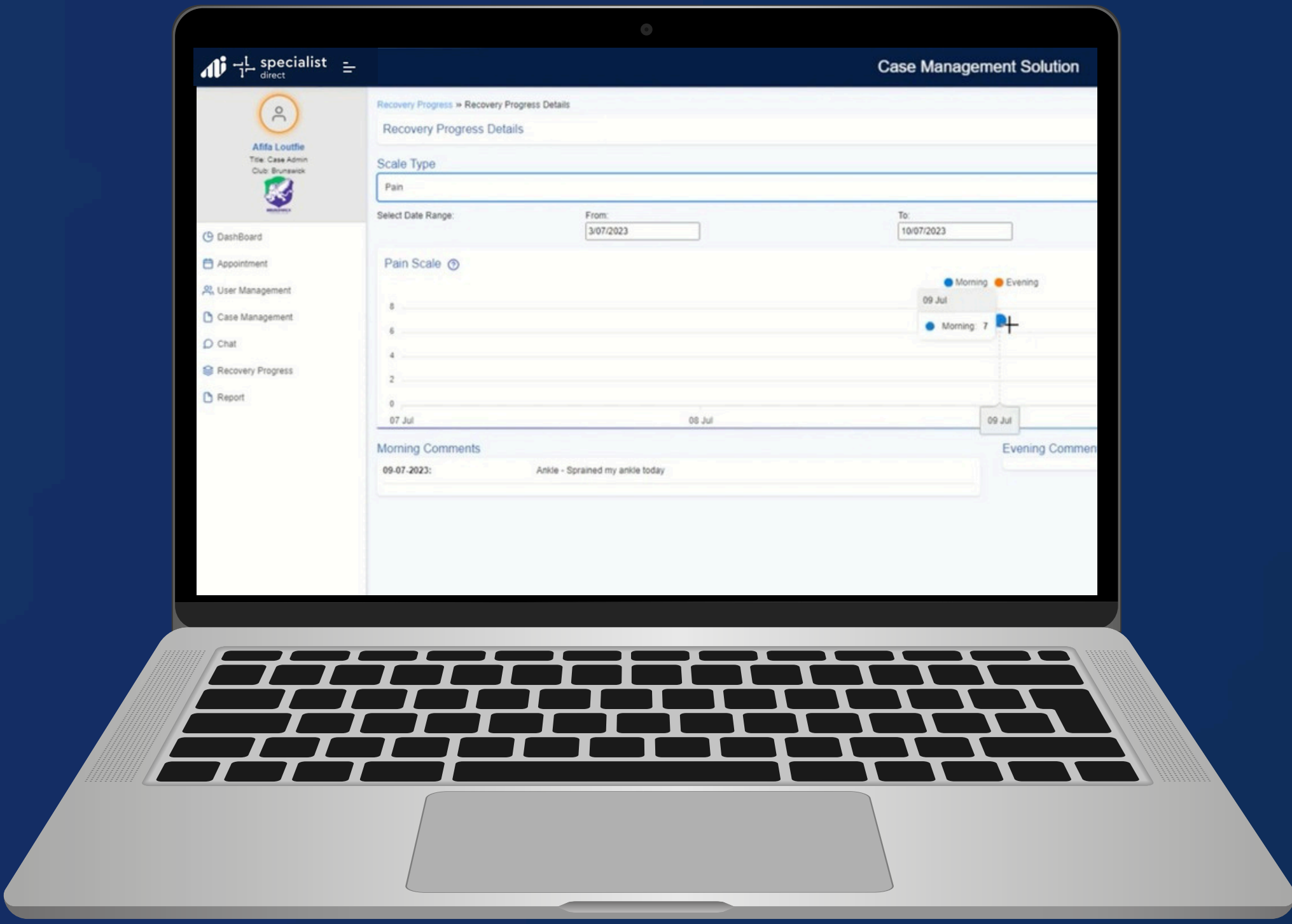
- Player is Unavailable
- Player is in Recovery
- Player is Waiting for Tests
- Player is Available

Recovery Progress

Select an injured player and track their pain and mood through their recovery journey.

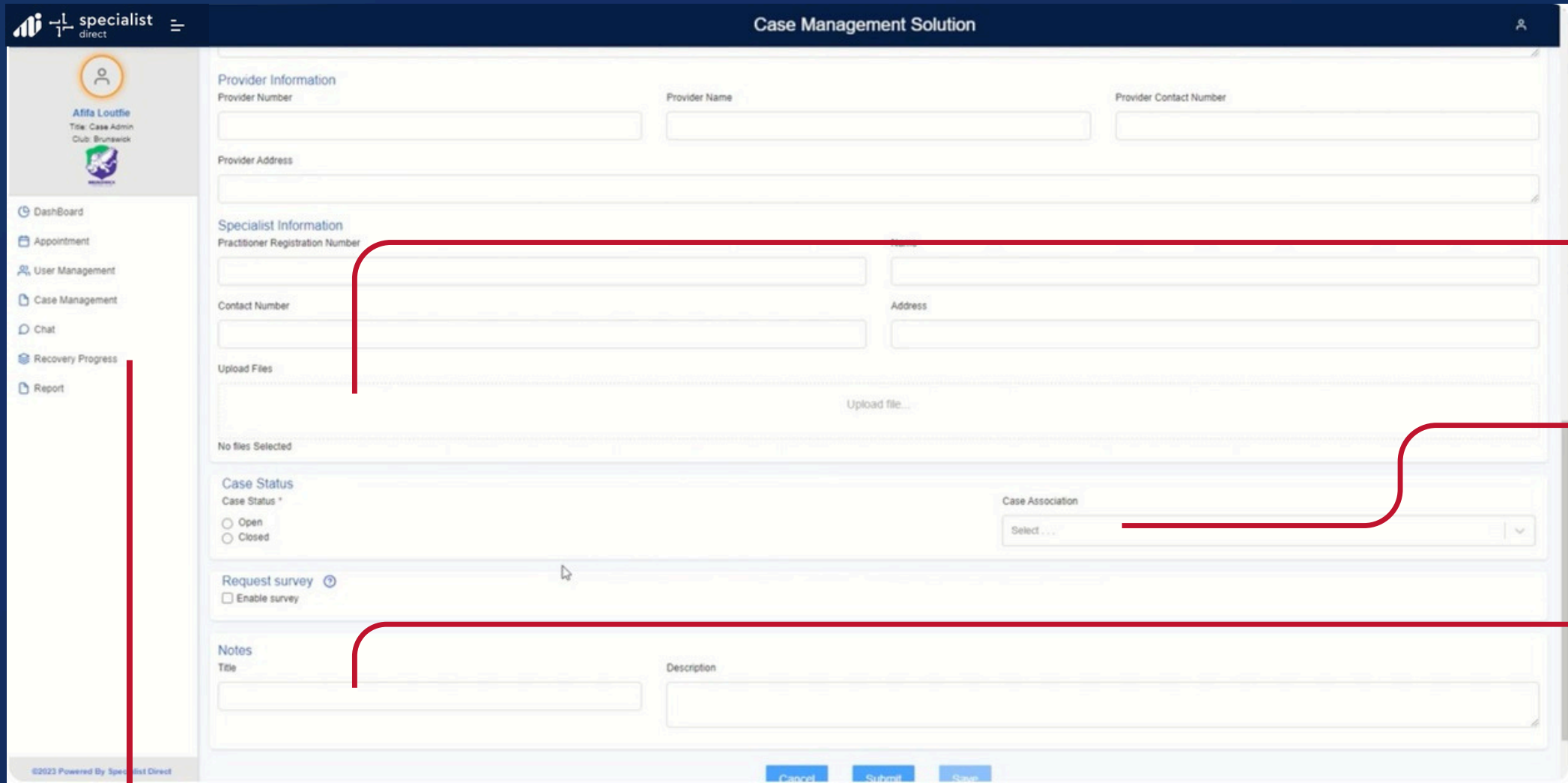


Check in with players based on the pain and mood reports via the chat function to see how their recovery journey is going.



Need some extra help?

Watch these video for a more in-depth tutorial



Uploading Documents/files

Assigning Users to Injury/Illness Case

Creating Case Notes

Recovery Progress



Mira collects injury data based on the **IOC Consensus Statement: Methods for reporting and recording injury and illness in sport***

*Click here for the full paper
Click here for a football-specific summary

Trouble Logging In?



Send a short email to support@specialist.direct and we will resend your invitation and generate a new password. Click "remember me" so that you don't need to retype it in the future.

You are all set | Thank you