

Welcome to MiRA

Say goodbye to the chaos of managing your team's injuries on spreadsheets, chats and phone calls

Easy To Use,
Anywhere, Anytime



Secure and
confidential cloud-
based solution



Store important
documents safely
and securely



Track your Players'
Recovery Progress



Communicate and
interact with your
injured players



Calendar for
appointment
booking



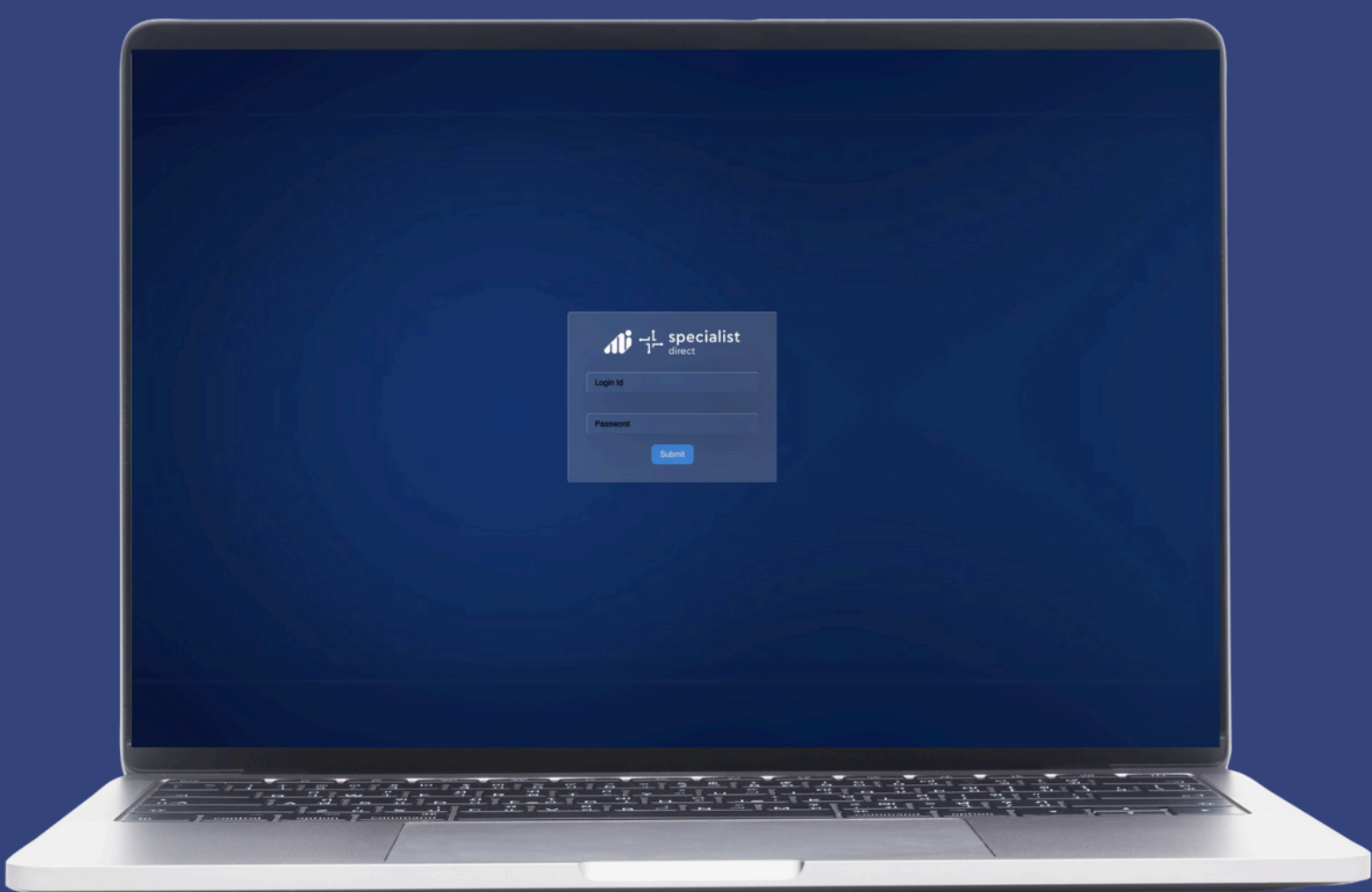
1.- Getting Set Up



1.- Check your email to find a Welcome email from MiRA by SD to see your login details head to the web panel by clicking [HERE](#)



2.- Login using the username and password



2.- Navigating the Web Panel

Your Profile

Menu Items

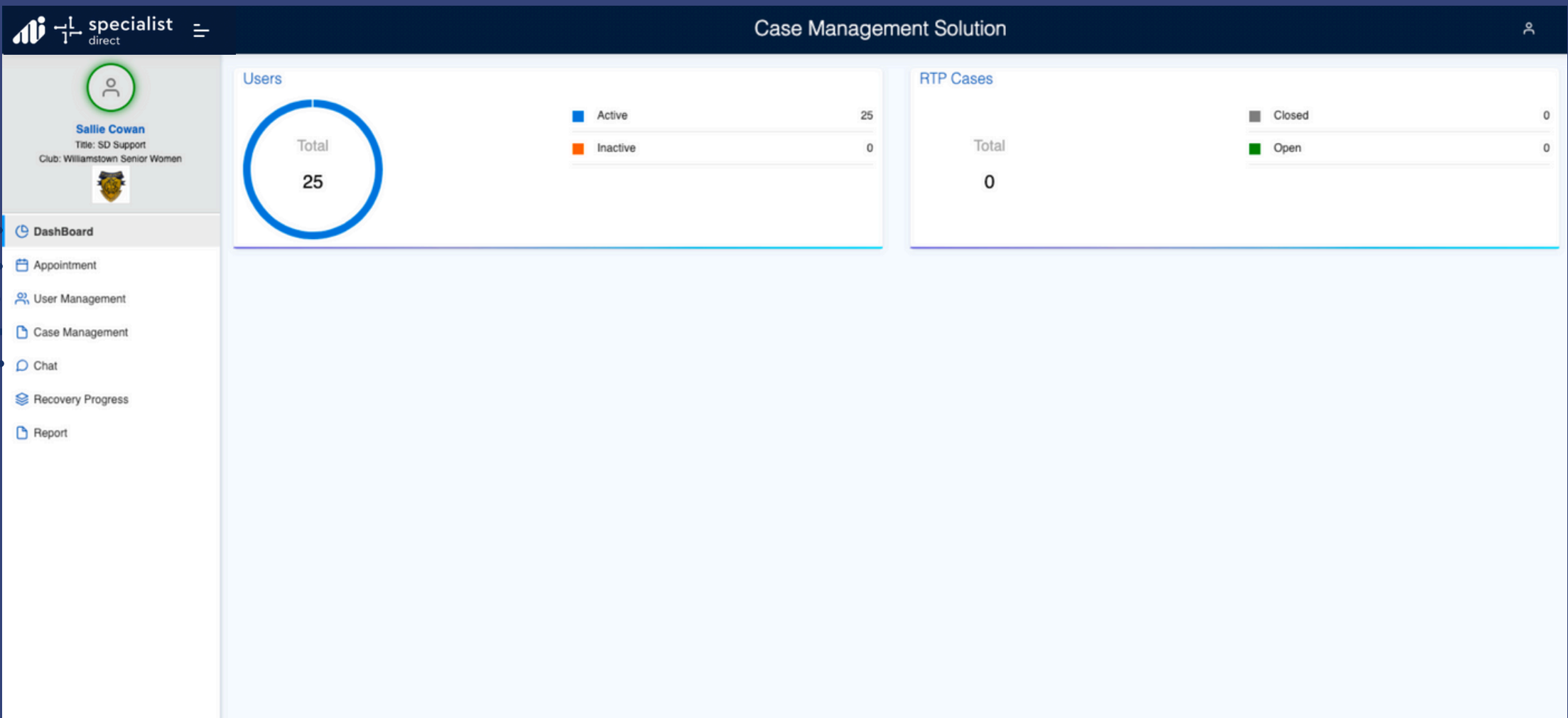
[Dashboard](#)

[Appointments](#)

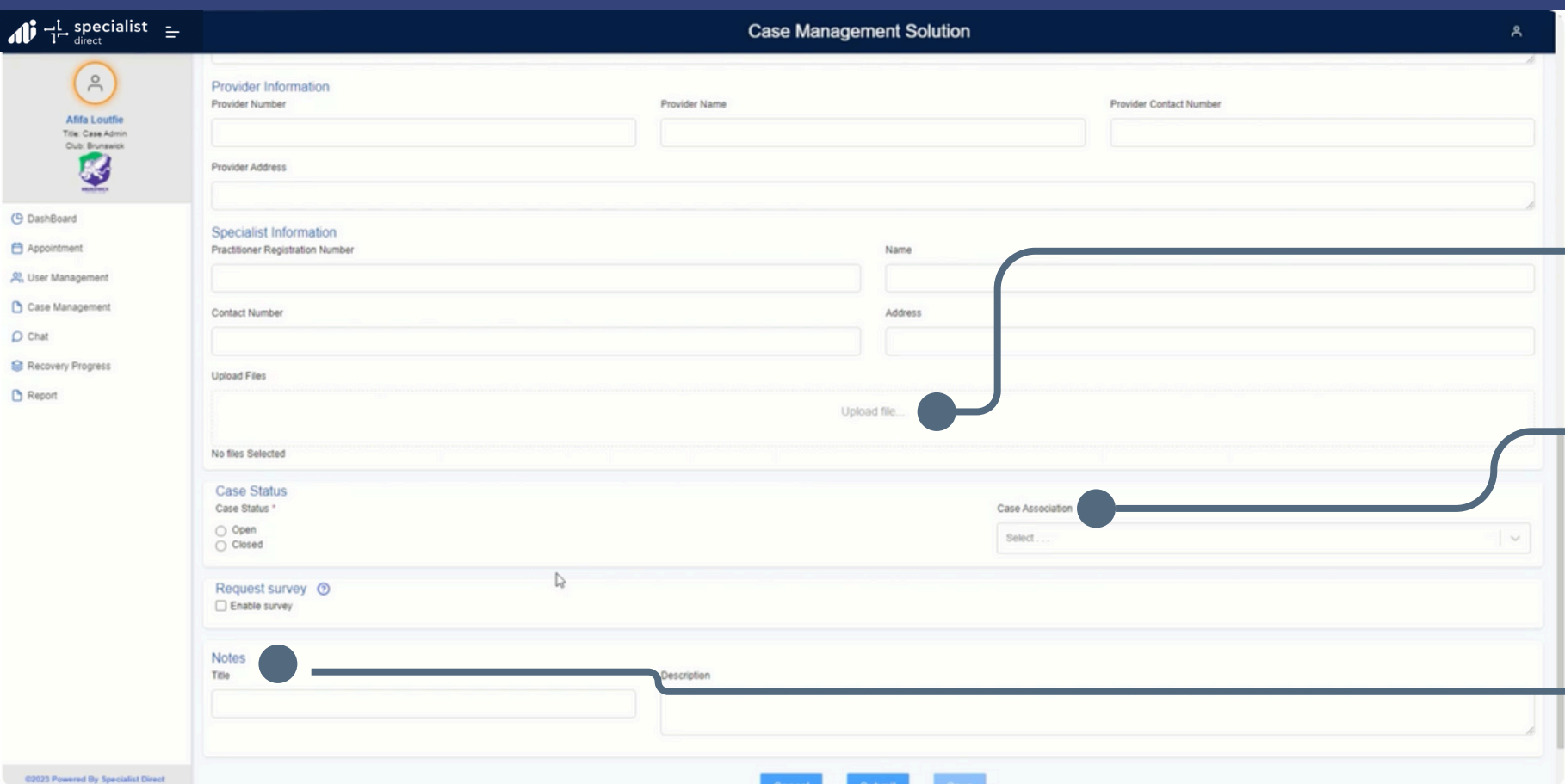
[User Management](#)

[Creating a Case](#)

[Chat](#)



User Icon



**Uploading
Documents/files**

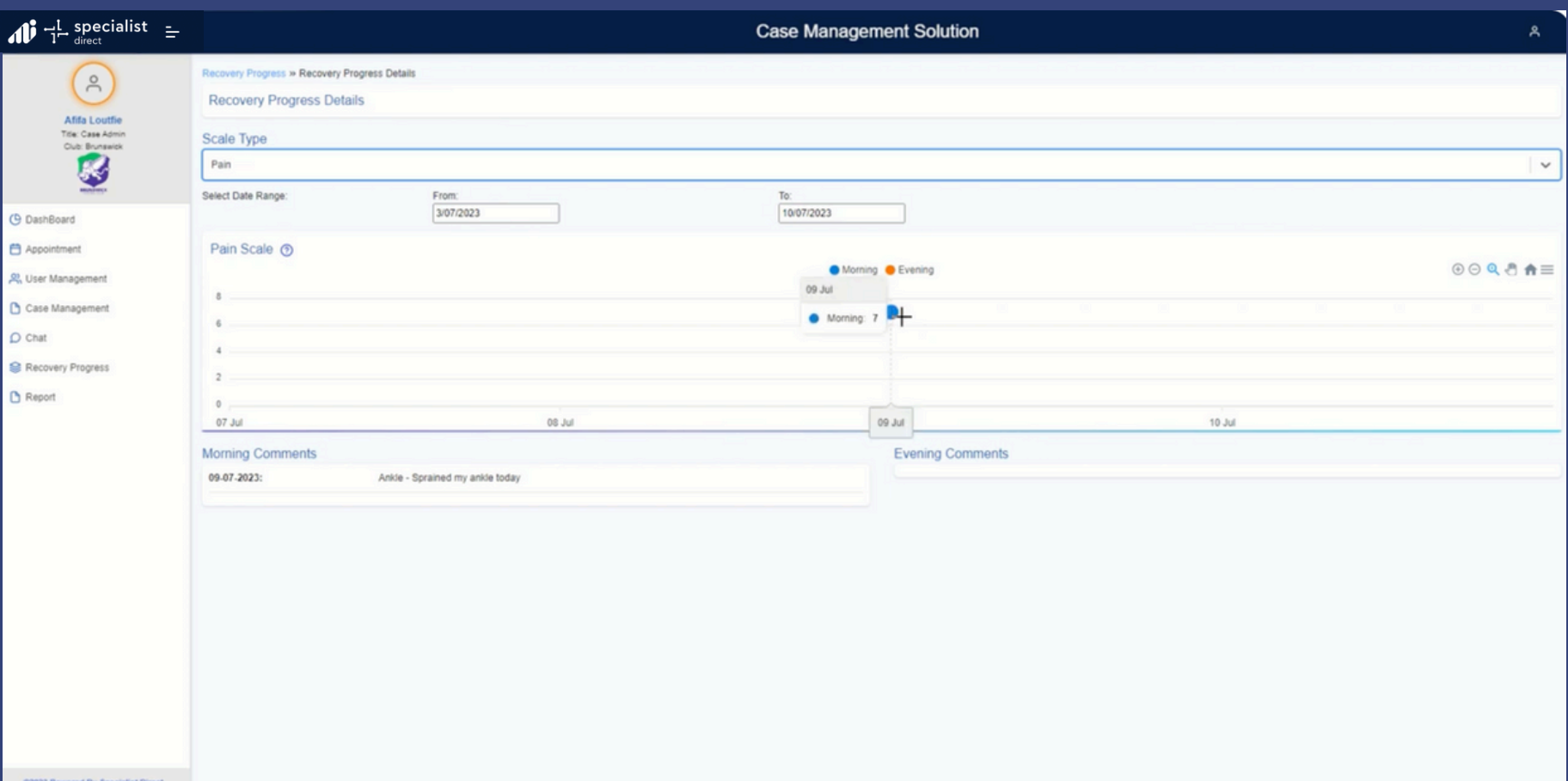


**Assigning Users
to Injury/Illness Case**



**Creating
Case Notes**

Recovery Progress



Mira collects injury data based on the **IOC Consensus Statement: Methods for reporting and recording injury and illness in sport***

[*Click here for the full paper](#)

[Click here for a football-specific summary](#)

Trouble Logging In?



Send a short email to support@specialist.direct and we will resend your invitation and generate a new password.



Click "remember me" so that you don't need to retype it in the future.

You are all set | Thank you