

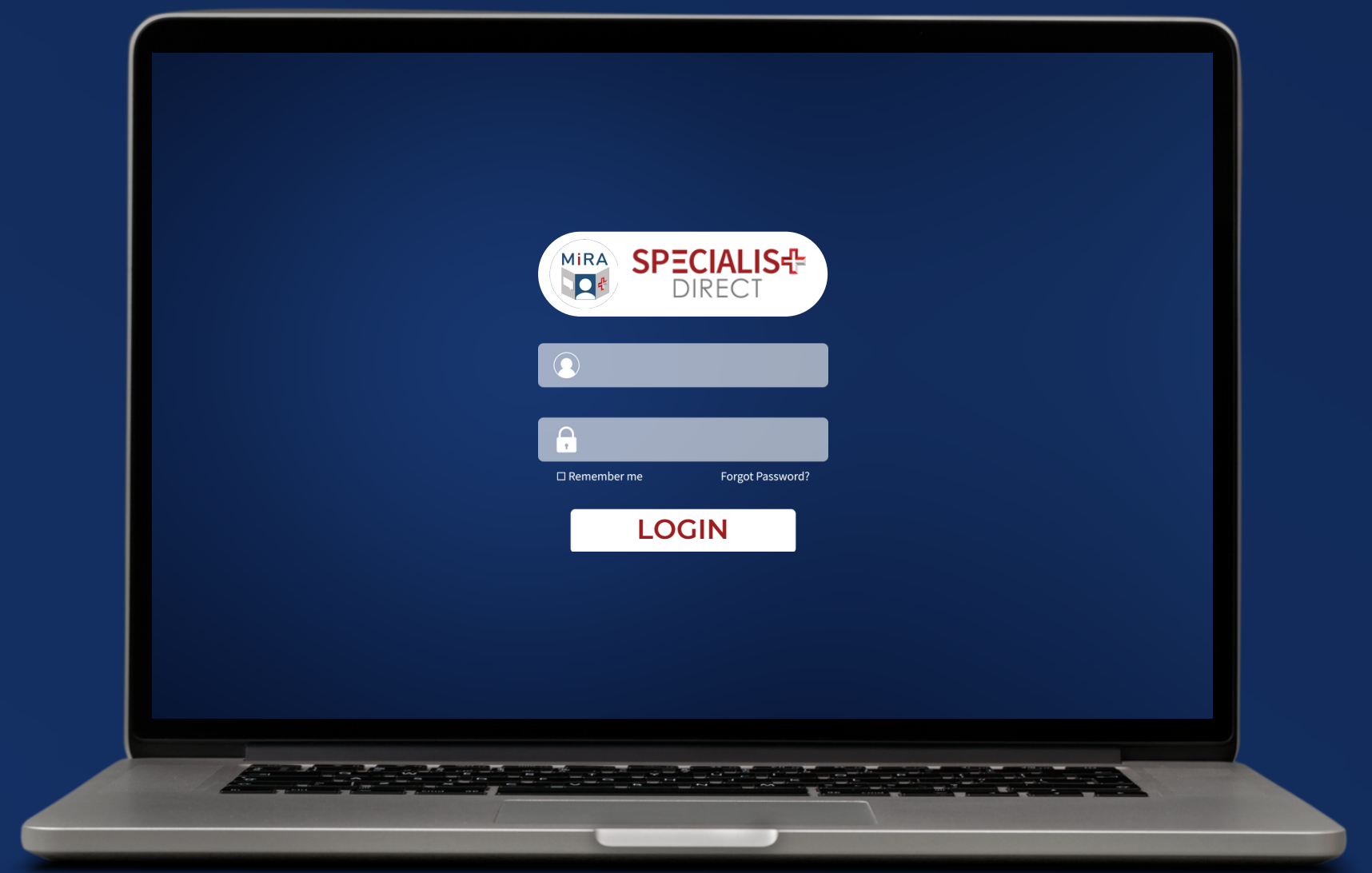
Welcome to MiRA

Say goodbye to the chaos of managing your team's injuries on spreadsheets, chats and phone calls

- Easy To Use, Anywhere, Anytime** (Icon: hand pointing)
- Secure and confidential cloud-based solution** (Icon: padlock)
- Store important documents safely and securely** (Icon: document)
- Track your Players' Recovery Progress** (Icon: smartphone with checkmark)
- Communicate and interact with your injured players** (Icon: speech bubble)
- Calendar for appointment booking** (Icon: calendar)

1.- Getting Set Up

- 1.- Check your email to find a Welcome email from MiRA by SD to see your login details head to the web panel by clicking [HERE](#)
- 2.- Login using the username and password



2.- Navigating the Web Panel

Your Profile (User Icon)

Menu Items

- Dashboard
- Appointments
- User Management
- Creating a Case
- Chat

Users (Total: 25)

RTP Cases (Total: 0)

- Uploading Documents/files** (Icon: document)
- Assigning Users to Injury/Illness Case** (Icon: person)
- Creating Case Notes** (Icon: notepad)

Recovery Progress



MiRA collects injury data based on the **IOC Consensus Statement: Methods for reporting and recording injury and illness in sport***

[*Click here for the full paper](#)
[Click here for a football-specific summary](#)

Trouble Logging In?

- Send a short email to support@specialist.direct and we will resend your invitation and generate a new password.
- Click "remember me" so that you don't need to retype it in the future.

You are all set | Thank you